

## EIFS

See themselves as a valuable individual. .Build constructive and respectful relationships. Express their feelings and consider the feelings of others. Show resilience and perseverance in the face of challenge. Identify and moderate their own feelings socially and emotionally. Think about the perspectives of others. Manage their own needs. - personal hygiene • Know and talk about the different factors that support their overall health and wellbeing.

Year 1/2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Me and my relationships	Rights and responsibilities	Valuing difference	Being my best	Keeping myself safe	Growing and changing
Year B	Me and my relationships	Rights and responsibilities	Valuing difference	Being my best	Keeping myself safe	Growing and changing
Year 3/4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Me and my relationships	Rights and responsibilities	Valuing difference	Being my best	Keeping myself safe	Growing and changing
Year B	Me and my relationships	Rights and responsibilities	Valuing difference	Being my best	Keeping myself safe	Growing and changing
Year 5/6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Me and my relationships	Rights and responsibilities	Valuing difference	Being my best	Keeping myself safe	Growing and changing

<b>Year B</b>	Me and my relationships	Rights and responsibilities	Valuing difference	Being my best	Keeping myself safe	Growing and changing
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