



Allergen Matrix

Jacobstow Autumn 24



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
J - Apple & Raspberry Cake			✓		✓ Wheat									
J - Apple Crumble & Custard					✓ Oats, Wheat (Barley*)		✓							
J - Bacon Carbonara, Focaccia And Sweetcorn					✓ Wheat		✓		✓					?
J - Beef Bolognese, Pasta, Garlic Focaccia & Peas					✓ Wheat				✓				✓	?
J - Beef Lasagne, Focaccia & Salad Sticks			?		✓ Wheat		✓		✓				✓	?
J - Breaded Fish, Chips & Beans				✓					✓					
J - Breaded Halloumi Straws, Chips & Peas			✓		✓ Wheat		✓							
J - Broccoli & Cauliflower Gratin, Roast Potatoes, Gravy, Carrots & Cabbage					✓ Wheat		✓						✓	
J - Brunch													✓	



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

J - Carrot & Courgette Chocolate Brownie					✓ Wheat									
J - Carrot Cake			✓		✓ Wheat									
J - Cauliflower & Butternut Curry, Plain Rice & Naan Bread					✓ Wheat				✓				✓	
J - Cheesy Wheel, Chips & Beans			✓		✓ Wheat		✓		✓					
J - Chicken Bites, Chips & Salad Sticks					✓ Wheat									
J - Chicken Hot Pot, Broccoli & Sweetcorn													✓	
J - Chipolata Sausages, Mash & Baked Beans													✓	
J - Chocolate Cookie					✓ Oats, Wheat (Barley*)									
J - Chocolate Courgette Cake			✓		✓ Wheat									
J - Custard Cookie			?		✓ Wheat		✓							
J - Fish Fingers, Chips & Peas				✓	✓ Wheat									



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Eggs



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Molluscs



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Sesame



SO2



Soya

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J - Flapjack					✓ <i>Oats (Barley*, Wheat*)</i>									
J - Fruit Platter														
J - Ice Cream Pot							✓							
J - Jacket Potato, Beans & Salad														
J - Jacket Potato, Cheese & Salad							✓							
J - Jacket Potato, Cheese, Beans & Salad							✓							
J - Jacket Potato, Tuna Mayo & Salad			✓	✓					✓					
J - Jelly & Fruit														
J - Lemon Drizzle Cake			✓		✓ <i>Wheat</i>								✓	
J - Macaroni Cheese, Focaccia, Broccoli & Sweetcorn					✓ <i>Wheat</i>		✓		✓				✓	✓
J - Marble Cake			✓		✓ <i>Wheat</i>									



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J - Margherita Pizza, Wedges & Sweetcorn					✓ Wheat		✓							
J - Meatballs & Tomato Sauce, Pasta, Focaccia & Salad Sticks					✓ Wheat				✓				✓	?
J - Oaty Cookie					✓ Oats, Wheat (Barley*)									
J - Pulled Roast Beef, Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables And Gravy			✓		✓ Wheat		✓						✓	
J - Roast Chicken, Potatoes, Carrots, Cabbage And Gravy													✓	
J - Roast Gammon, Potatoes, Vegetables & Gravy													✓	
J - Roasted Vegetable & Mozzarella Tart, Wedges & Salad			?		✓ Wheat (Barley*, Oats*)		✓		?				✓	?
J - Salmon Fingers, Chips & Beans				✓	✓ Wheat									
J - Sausage Roll, Diced Potatoes & Peas					✓ Wheat		✓						✓	
J - Sticky Toffee Pudding			✓		✓ Wheat									



	Celery	Crustaceans	Eggs	Fish	Gluten <i>Wheat</i>	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
J - Tomato & Vegetable Pasta Bake, Focaccia & Salad Sticks					✓ <i>Wheat</i>		✓		✓				✓	?
J - Vegan Bolognese, Penne Pasta And Peas					✓ <i>Wheat</i>				✓				✓	✓
J - Vegetable Fajita, Vegetable Rice & Salad Sticks					✓ <i>Wheat</i>		✓							
J - Vegetable Lasagne, Garlic Focaccia & Peas			?		✓ <i>Wheat</i>		✓		✓				✓	?
J - Vegetable Pie, Seasonal Veg, Roast Potatoes & Gravy					✓ <i>Wheat</i>								✓	
J - Vegetarian Hot Pot And Peas													✓	
J - Vegetarian Sausage, Chips & Peas					✓ <i>Wheat</i>									
J - Vegetarian Sausage, Mash, Carrots, Peas And Gravy					✓ <i>Wheat</i>								✓	
J - Yorkshire Pudding Vegetable Cottage Pie, Gravy, Potatoes, Carrots & Cabbage			✓		✓ <i>Wheat</i>		✓						✓	