



Dear Families

This has been a fabulous, busy week. The stage is up and the younger children are putting the finishing touches to the nativity, all children have had a Wild Tribe session, Christmas decorations are appearing and there has been some fabulous learning in all of our classrooms.

As a school, this week we have started to learn about the 'Zones of Regulation'. We talked about how we all feel emotions and that is good but sometimes we have to try to regulate ourselves. I shared this image with the children and we started to discuss what we could do to try to feel better if we were in the yellow, red or blue zones. The children will now have some discussions in their classrooms about tangible things they could do to help themselves if they are in these zones. We will share their ideas next week and start to display them in classrooms. I.e. if you feel tired, you may open the window to get fresh air.



Do talk to your child about what may work for them if they feel that they are in the yellow, blue or red zones. They can share their ideas in their class.

Have a lovely weekend

Lesia Garside

Interim Head

## Christmas Card Winners

I'm thrilled to finally share our school winners of the Trust Christmas Card Competition. Our winners were Athaia, Olivia, Alice, Elsie and Oscar who all won a festive selection box and some colouring pens.

I'm even more excited to share that Oscar won one of our overall Trust Prizes. All 16 schools in our school family sent entries into the competition and just 6 people won overall prizes. Well done Oscar. Oscar received a letter from our Trust Lead, a copy of his printed card and a book token for his Christmas Cow entry.



## Wild Tribe Sessions

We were thrilled to start our Wild Tribe sessions this week. The children have had great fun and enjoyed being outdoors even in the wet! Thank you to Mrs Brewster, Mrs Whittaker and Mrs Osborne for organising. Days/Dates for the Spring term will be shared before the end of term.



## In School This Week

This week we have been very busy in Little Stars! We have been practicing our fine and gross motor skills in the classroom, spelling words using Fred Fingers and learning about Space. Yesterday we all got a bit soggy in Forest School but that didn't stop us having fun making a rocket and alien collage using natural materials.



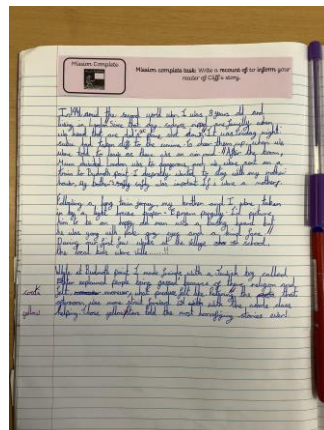
Mercury class have gone shape mad this week. We have all been enjoying lots of practical maths lessons using 2D and 3D shapes. The children have particularly enjoyed making 2D shapes on boards using elastic bands. The year 1 children have enjoyed playing shape bingo to get them used to the maths vocabulary and familiar with naming 2D and 3D shapes. The year 2 children have been drawing vertical lines of symmetry on 2D shapes and counting edges and faces of different 3D shapes. Everyone is really enjoying this area of maths. In Geography we are looking at animals that are adapted to live in cold climates and enjoying lots of stories about animals who live in cold places.




In Saturn, in Science, we have been learning about our teeth. We looked at our teeth and counted how many teeth we have. We discussed the purpose of the different types of teeth and then put our teeth to the test munching on some bread, apple and a jelly sweet. We have also started our next English unit in which we are writing a seasonal poem. It is fantastic to see and hear how excited the children are at the start of this unit to get writing poetry.



In Neptune we have been reading the books 'Letters from the Lighthouse' by Emma Carroll. In English we have been exploring the journey Olive, the main character, took as she was evacuated from London during WW2. We have written our own recounts retelling this journey but from the perspective of her little brother, Cliff. We then took time proofreading our work and editing and improving using purple pen.



## Parent Support







### Decider Skills for Parents & Carers - Caradon

The skills are aimed at helping young people to recognise and understand their emotions, and promote positive mental health. They also include basic problem solving and conflict de-escalation skills, and have a strong focus on supporting children in regulating their own emotions. •

**Thursdays 11th & 18th January Online  
9:30am - 10.30am**

Sign up online:  
<https://forms.office.com/e/1HUpWYxCdt>





### Decider Skills for Parents & Carers - Upper Tamar

The skills are aimed at helping young people to recognise and understand their emotions, and promote positive mental health. They also include basic problem solving and conflict de-escalation skills, and have a strong focus on supporting children in regulating their own emotions. •

**Mondays 15th and 22nd January 7pm-8pm**

Sign up online:  
<https://forms.office.com/e/Nx4s7WdDXx>

