





# AUTUMN MENU Veek one

Week Commencing: 4/9, 25/9, 16/10, 6/11, 27/11, 18,12



### MONDAY

Dartmoor Beef Meatballs in Tomato Sauce with Pasta and Seasonal Vegetables

Sweet Potato and Butternut Squash Korma with Rice

Cheese / Beans / Tuna Mayo

Ice Cream Pot

#### **TUESDAY**

Butchers Sausage with Mashed Potato and Peas

Yorkshire Pudding Cottage Pie with Seasonal Vegetables

Cheese / Beans / Tuna Mayo

Oat Cookie

#### WEDNESDAY

Roast Chicken, Roast Potatoes, Seasonal Vegetables and Gravy

Cheese and Leek Potato Gratin, Roast Potatoes, Seasonal Vegetables and Gravy

Cheese / Beans / Tuna Mayo

Lemon Drizzle Cake

#### **THURSDAY**

Margherita Pizza, Potato Wedges and Salad

Roasted Vegetable Potato Boat with salad

Cheese / Beans / Tuna Mayo

Fresh Fruit Platter

#### FRIDAY

Fish Fingers or Salmon Bites Chips and Baked Beans

Crispy Pepper Halloumi Chips and Baked Beans

Cheese / Beans / Tuna Mayo

Chocolate & Raspberry Brownie



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Scan the QR code to view the allergens. Please be aware that allergens are updated regularly, therefore please check allergens before consumption of meals.

FRESH FRUIT \$ YOGHURT SERVED DAILY









## AUTUMN MENU Veek two

Week Commencing: 11/9, 2/10, 13/11, 4/12



#### MONDAY

TUESDAY

#### WEDNESDAY

THURSDAY

#### FRIDAY

Pepperoni Pizza Diced Potatoes and Peas Pasta Bolognaise with Seasonal Vegetables

Roast Turkey with Roast Potatoes Seasonal Vegetables and Gravy

Chicken Fajita Wrap, Sunshine Rice and Veggie Sticks

Breaded Fish, Chips and Peas



Vegetarian Brunch, Quorn Sausage, Diced Potatoes, Tomato and Baked Beans

Cheese and Tomato Pasta Bake with Seasonal Vegetables Sweet Potato and Butternut Squash Bake, Roast Potatoes, Seasonal Vegetables and Gravy

Mediterranean Vegetable Quiche, Garlic Focaccia and Veg sticks

Cheese & Bean Pasty, Chips and Peas



Cheese / Beans / Tuna Mayo Cheese / Beans / Tuna Mayo



Fresh Fruit Platter

**Shortbread** 

**Fruit Jelly** 

**Iced Vanilla Sponge** 

Chocolate Krispie Cake





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FRESH FRUIT \$ YOGHURT SERVED DAILY









### AUTUMN MENU Leek three

Week Commencing: 18/9, 9/10, 30/10, 20/11, 11/12



#### MONDAY

### TUESDAY

#### WEDNESDAY

#### **THURSDAY**

#### FRIDAY

Meatballs in Tomato Sauce with Penne Pasta and Peas Tomato Pomodora Pasta, Focaccia Bread and Seasonal Vegetables Roast Gammon, Roast Potatoes, Seasonal Vegetables and Gravy

Brunch - Sausage, Bacon, Diced Potato and Baked Beans

Battered Chicken Bites and Chips



Vegetable Lasagne, Garlic Focaccia Bread and Peas Vegetable Fajita, Rice and Seasonal Vegetables Cauliflower Cheese, Roast Potatoes, Seasonal Vegetables and Gravy

Cheese And Tomato Frittata, Diced Potatoes and Peas Vegetable Sausage Roll, Chips and Peas



Cheese / Beans / Tuna Mayo Cheese / Beans / Tuna Mayo



**Ice Cream Pot** 

**Chocolate Cookie** 

**ABC Cake** 

Strawberry Jelly Delight

Flapjack





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